

**Live Surgery Demo – Link up with Operation Theatre**

- OT 1 – Case 1 Cervical Spine TB – Decompression and Fusion  
Case 2 C2#Posterior Release and Fusion  
OT 2 – Case 1 Post Traumatic Kyphosis – Posterior Fixation  
Case 2 Spondylolisthesis – TLIF

4:00 - 6:00 PM **Workshop II** – Thoracic & Lumbar Pedicular Screw Fixation

**Day 3 – Saturday 31 May – KMCTH, Sinamagal**

8:00-8:30 AM - Post Operative X-rays and Case Review done on 30 May

**SCIENTIFIC SESSIONS**

- 8:30 - 8:45 Osteoporotic Spine: Principles of Surgical Management  
- *Wong Chung Chek*  
8:45 - 9:00 Management Strategies in Congenital Scoliosis  
- *Keith Luk*  
9:00 - 9:15 Management Strategies in Adolescent Idiopathic Scoliosis  
- *Arvind Jayaswal*  
9:15 - 9:30 Kyphosis Correction - Management Strategies  
- *Wong Chung Chek*

**Live Surgery Demo – Link up with Operation Theatre**

- OT 1 – Case 1 Intra Dural Tumor – Exision  
OT 2 – Case 1 Thoracic TB Spine – Anterior Debridement and Posterior Fixation

1:30 - 2:00 PM **Closing Ceremony** – KMCTH, Sinamagal  
Certificate Distribution  
Vote of Thanks

**Lunch**



**ASIA PACIFIC SPINE SOCIETY (APSS)**  
(Spine Section of APOA)

**OPERATIVE SPINE COURSE**

29 – 31 May 2014  
Kathmandu, Nepal

**Departments of Orthopaedic Surgery**  
**Tribhuvan University Teaching Hospital &**  
**Kathmandu Medical College Teaching Hospital**



**APSS  
OPERATIVE SPINE COURSE  
29 – 31 May 2014, Kathmandu, Nepal**

**PROGRAMME**

**Host** – ASIA PACIFIC SPINE SOCIETY (APSS)  
**Organizers** – Association of Spine Surgeons of Nepal (ASSN)  
 Tribhuvan University Teaching Hospital (TUTH)  
 Kathmandu Medical Teaching Hospital (KMCTH)

APSS Invited Faculty	Contact Persons
Arvind Jayaswal (India) Kuniyoshi Abumi (Japan) Jae-Yoon Chung (Korea) Keith Luk (Hong Kong) Kwan Mun Keong (Malaysia) Wong Chung Chek (Malaysia) K. S. Sivananthan (Malaysia) Vo Van Thanh (Vietnam) Ashok Jaryal (India)	Rohit K. Pokharel (TUTH) Rabindra L. Pradhan (KMCTH)
<b>Local Faculty</b> Rohit K. Pokharel (Nepal) Rabindra L. Pradhan (Nepal)	

**Highlights**

- ☛ **Live Surgery Demonstration**
  - Fractures – Cervical and Thorocolumbar
  - Spondylolisthesis – TLIF
  - TB Spine – Posterior Approach
  - Cervical Discectomy and Fusion
  - Cervical Laminoplasty
  - Adolescent Idiopathic Scoliosis – Posterior Correction
  - Surgery for Lumbar Spinal Stenosis  
(Depending on the availability of cases)
- ☛ **Hands on Workshop**
  - Anterior Cervical Plating
  - Posterior Cervical Lateral Mass Screw
  - Pedicle Screw Fixation Thoracic and Lumbar Spine
- ☛ **Didactic Lectures from Faculty**

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**Day 1 – Thursday 29 May – KMCTH, Sinamangal**

8:00 AM Registration  
 8:30 - 9:00 Opening Addressees  
 Chairman – Asia Pacific Orthopaedic Association Spine Section  
 Chairman – Organizing Committee

**SCIENTIFIC SESSIONS (Depending on the Surgery)**

9:15 - 9:30 Upper Cervical Spine Trauma - Management Strategies  
 - *Kuniyoshi Abumi*  
 9:30 - 9:45 Subaxial Cervical Spine Trauma - Management Strategies  
 - *Rohit K. Pokharel*  
 9:45 - 10:00 Cervical Myelopathy – Surgical Options  
 - *K S Sivananthan*  
 10:00 - 10:15 TLIF – A Versatile Procedure in Lumbar Spine  
 - *Kwan Mun Keong*

**Live Surgery Demo – Link up with Operation Theatre**

OT 1 – Case 1 Cervical Myelopathy – Laminoplasty  
 Case 2 Cervical Myelopathy – ACDF  
 OT 2 – Case 1 Low Grade Spondylolisthesis – TLIF  
 Case 2 Lumbar Spinal Stenosis – Decompression  
 4:00 - 6:00 PM **Workshop I** – Cervical Spine – Ant Plating/ Post Cervical Fixation  
 6:30 - 8:00 PM Council Meeting of APOA – Spine Section

*Banquet Dinner @ Hotel Annapurna, 7 PM*

**Day 2 – Friday 30 May – KMCTH, Sinamangal**

8:00 - 8:30 AM - Post Operative X-rays and Case Review done on 29 May

**SCIENTIFIC SESSIONS (Depending on the surgery)**

8:30 - 8:45 Internal Laminoplastic Posterior Decompression of Lumbar Spinal Stenosis  
 - *Jae-Yoon Chung*  
 8:45 - 9:00 TB Spine – Current Concepts of Surgical Management  
 - *Vo Van Thanh*  
 9:00 - 9:15 Spinal Tumours – Management Strategies  
 - *Kuniyoshi Abumi*  
 9:15 - 9:30 Thoraco-lumbar Trauma - Management Strategies  
 - *Rabindra L. Pradhan*